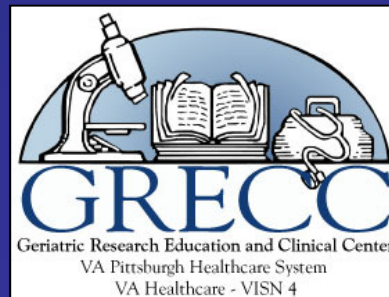


# **Statin Therapy in Experimental TBI:** *Implications for Reducing the Risk of Chronic Neurodegenerative Disorders in TBI Survivors*

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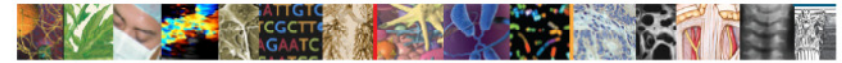
Disclosure:

GE Healthcare (consultant, research grant)

# Presentation outline

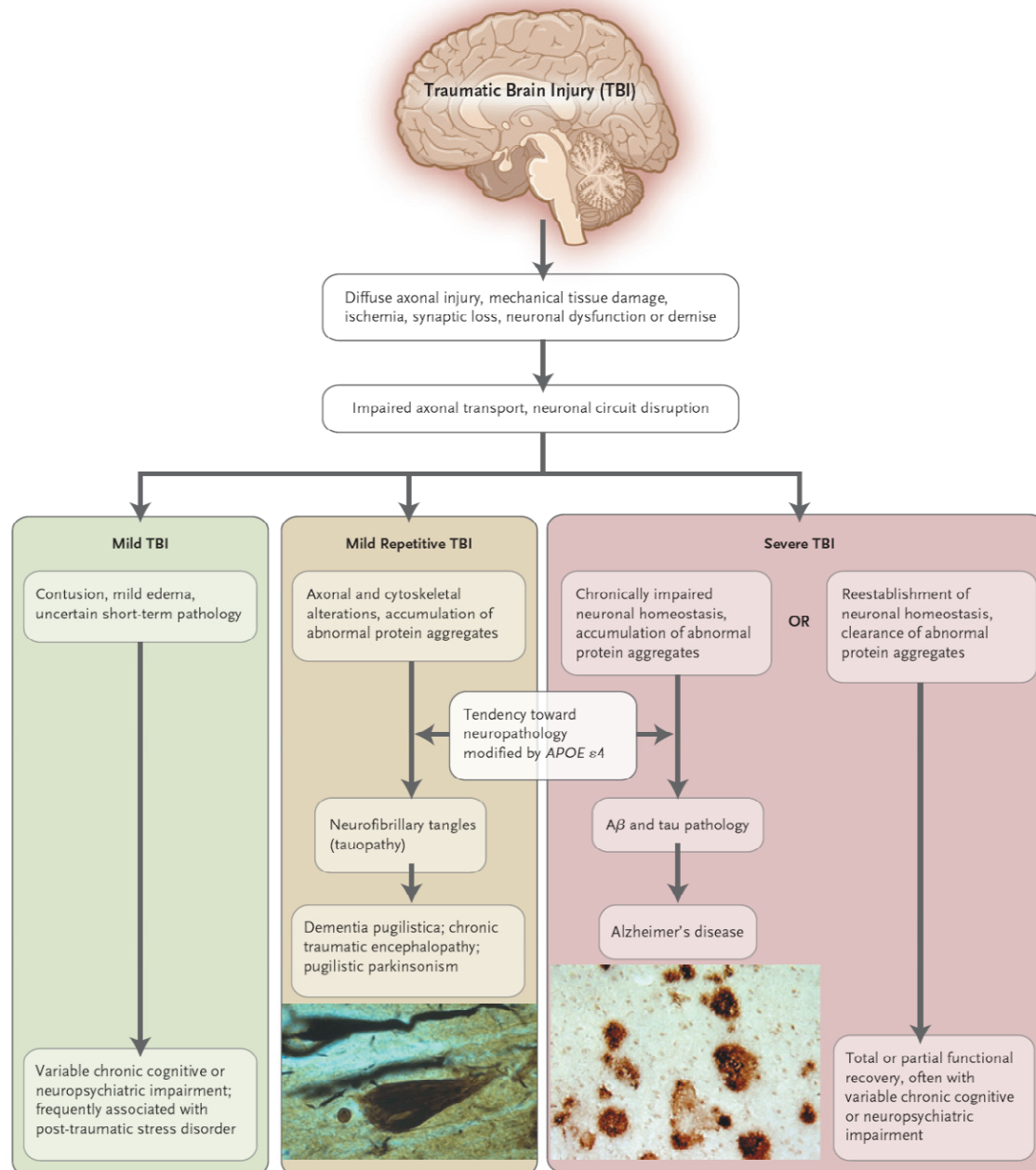
- Chronic neuropathological consequences of TBI: CTE and AD
- TBI alters APP metabolism, A $\beta$  concentration and aggregation
  - evidence from human studies
  - experimental animal studies
- Statin therapy in experimental TBI
  - effects on brain A $\beta$  concentration
  - effects on histopathology, inflammation, and behavior
  - effects on cerebral blood flow
- Conclusion





### Traumatic Brain Injury — Football, Warfare, and Long-Term Effects

Steven T. DeKosky, M.D., Milos D. Ikonovic, M.D., and Sam Gandy, M.D., Ph.D.



#### Spectrum of Pathologic Features and Outcomes of Traumatic Brain Injury (TBI).

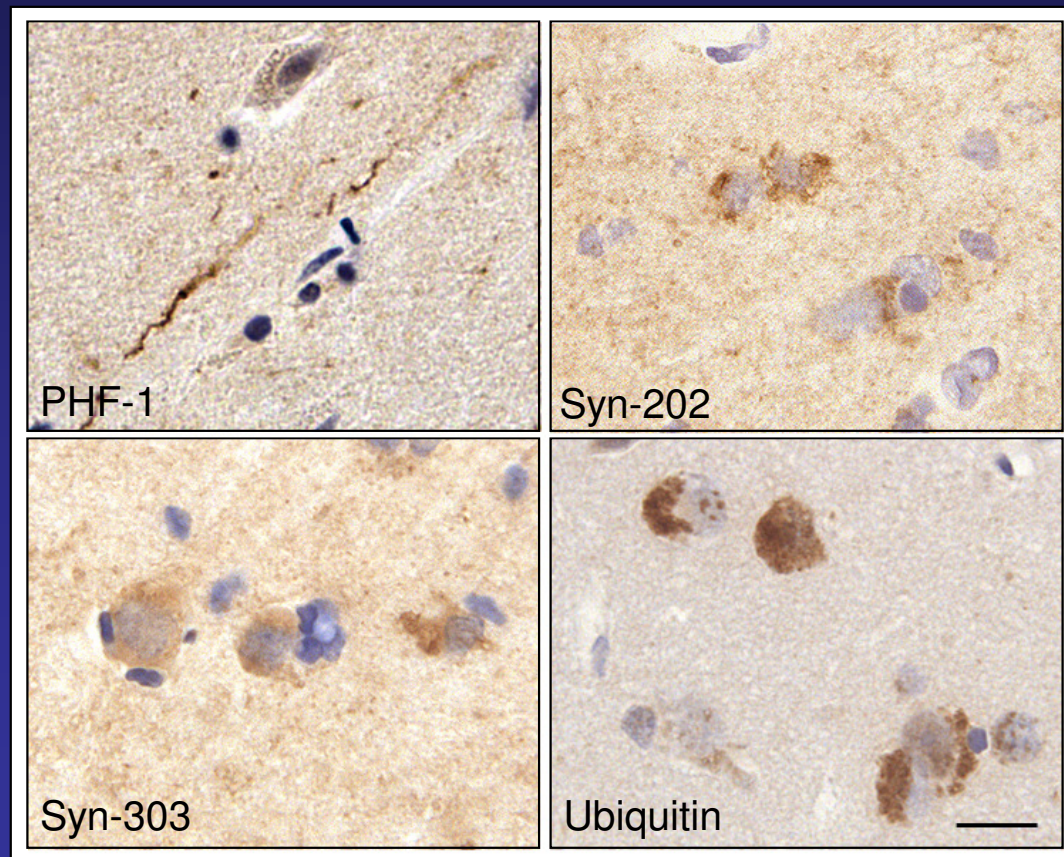
In the left inset, Bielschowsky silver stain shows intraneuronal and extracellular neurofibrillary tangles in temporal cortex from a retired boxer with dementia pugilistica.<sup>1</sup> The right inset shows diffuse Aβ plaque deposits in temporal cortex from a subject who sustained severe TBI.<sup>2</sup>

Brain trauma leads to the accumulation of several neurodegeneration-related proteins, including p-tau, α-synuclein, ubiquitin, progranulin, TAR DNA-binding protein 43, amyloid precursor protein (APP), and its metabolite, amyloid-β peptide (Aβ). New research will target the roles that these abnormal protein aggregates play in determining the severity of injury and patient's ultimate functional outcome.

- 1) Jordan et al., JAMA 1997;278:136-140.
- 2) Ikonovic et al., Exp Neurol 2004;190:192-203.

# Neuronal Protein Aggregates Accumulate Acutely After TBI in Humans

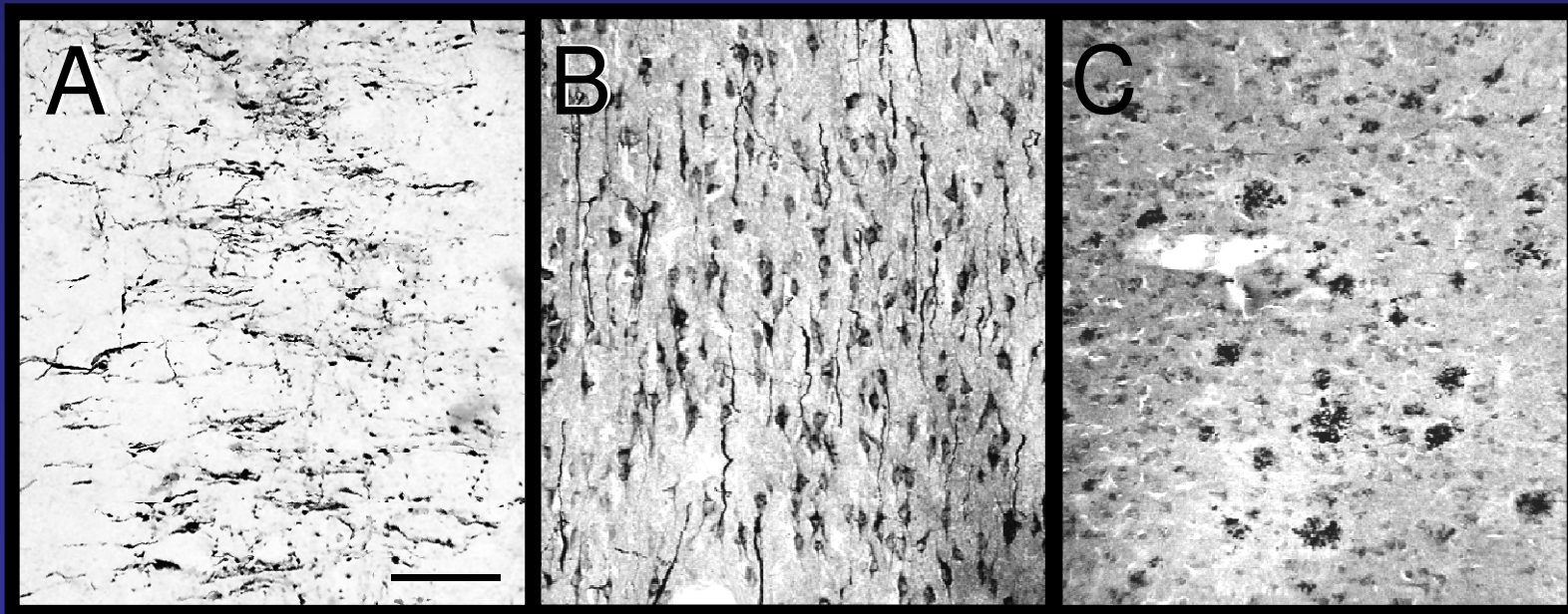
- PHF,  $\alpha$ -synuclein, and ubiquitin immunoreaction localized to axons and cell bodies in the temporal cortex within hours after injury in severe TBI patients



# Altered APP metabolism after acute TBI: a biopsy study of severe TBI patients from the University of Pittsburgh

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- Increased APP protein levels in the temporal cortex biopsies extracted within hours after acute severe TBI
- APP accumulations localized to axonal swellings, neurites, cell bodies, plaque-like structures



*Source: Ikonomic et al., Exp Neurol, Vol. 190, 2004*

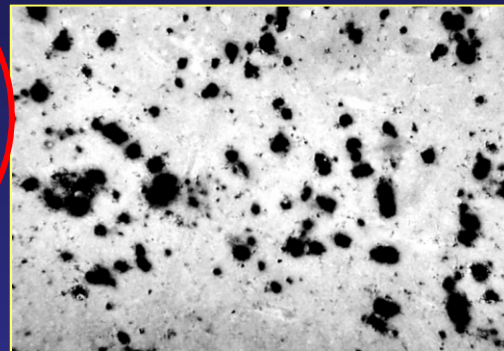


# A $\beta$ plaques in acute human TBI: a brain tissue biopsy study from the University of Pittsburgh

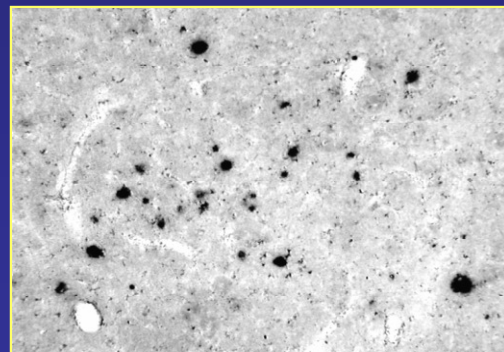
- Diffuse A $\beta$ -ir plaques in  $\sim$ 30% of acute TBI cases, regardless of age
- Acute TBI plaques resemble "*pathological aging*" or "*early*" AD (*diffuse plaques, A $\beta$ 42 predominant*)

34 y. old male TBI patient  
APOE 3/4  
GCS 4  
2 h post-TBI

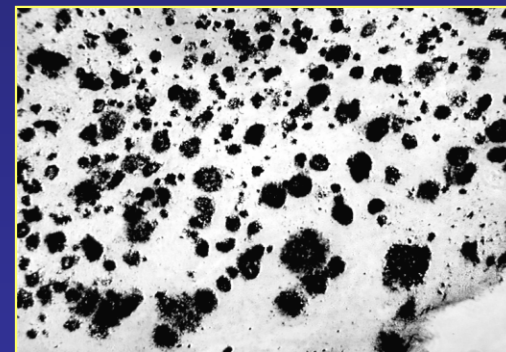
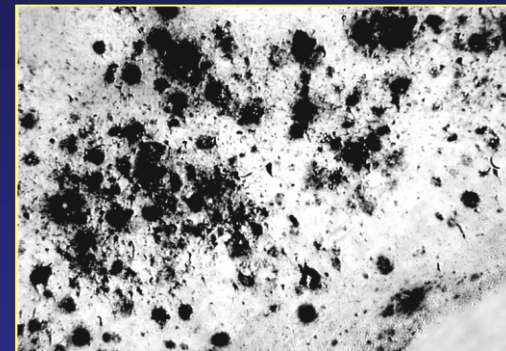
A $\beta$ <sub>42</sub>



A $\beta$ <sub>40</sub>



AD



78 y. old male AD  
APOE 3/4  
MMSE=1

*Ikonomovic et al., 2004*

- *Neuritic amyloid plaques contain A $\beta$  peptide and tau-positive dystrophic neurites; they define neuropathological diagnosis of AD*

# Soluble A $\beta$ concentrations in brain tissue biopsy samples from acute human TBI

- Selective increases in soluble A $\beta$ 42 concentration in TBI subjects with diffuse plaque deposition

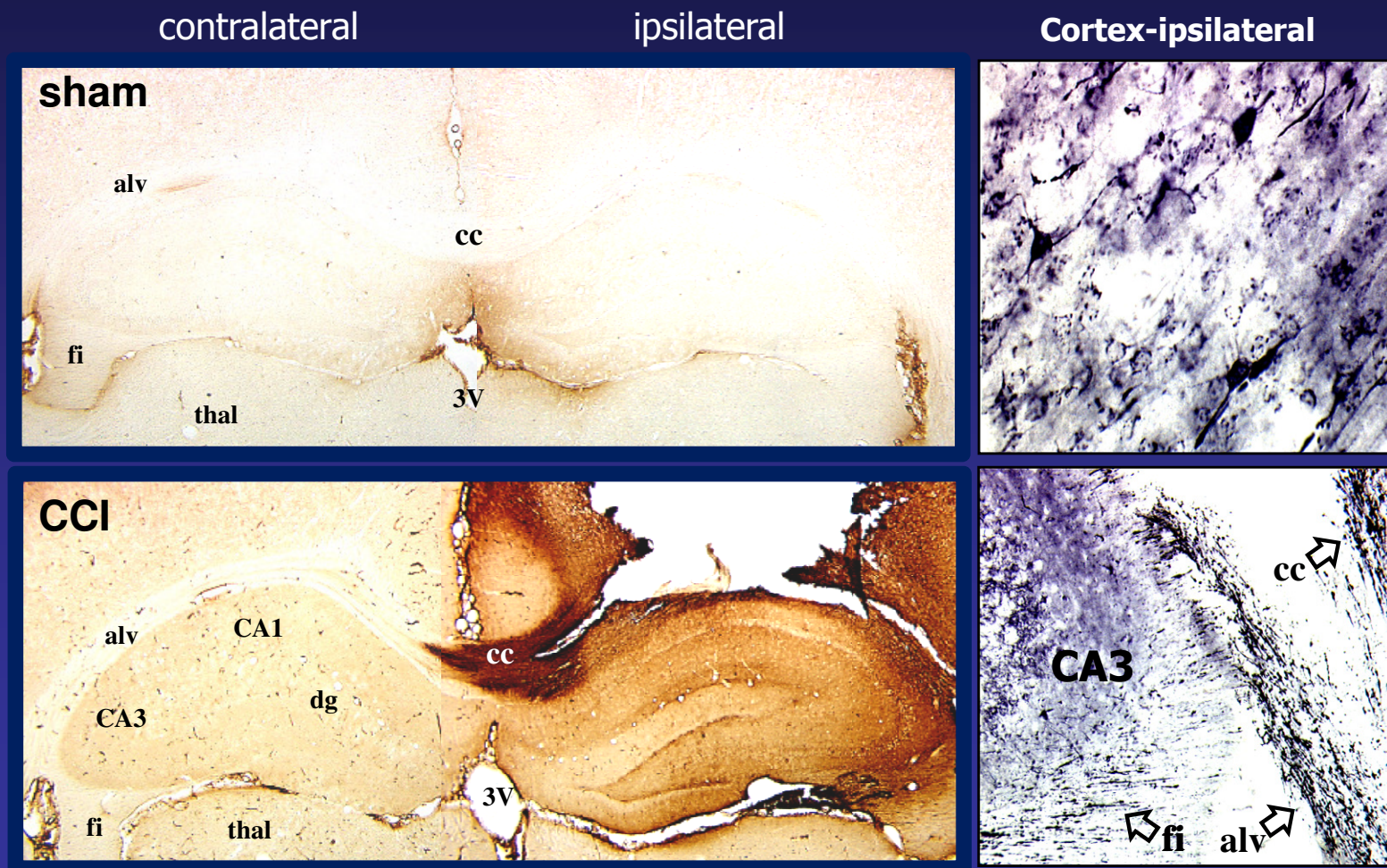
	<u>A<math>\beta</math> plaque-positive</u>	<u>A<math>\beta</math> plaque-negative</u>	<u>p-value</u>
Age (years)	46.2 $\pm$ 12	42.9 $\pm$ 17.8	0.9681
Gender (F)	50%	23%	-
GCS	6.2 $\pm$ 2.6	4.7 $\pm$ 1.7	0.2187
Injury-surgery (h)	11.9 $\pm$ 5.6	7.4 $\pm$ 9.5	0.0873
*APOE $\epsilon$ 4	50%	11%	-
<b>A<math>\beta</math><sub>1-42</sub> ELISA</b>	2.91 $\pm$ 1.21	0.54 $\pm$ 0.09	0.0098
A $\beta$ <sub>1-40</sub> ELISA	0.54 $\pm$ 0.12	0.30 $\pm$ 0.05	0.2290
A $\beta$ <sub>42/40</sub> ratio	4.65 $\pm$ 1.12	1.86 $\pm$ 0.27	0.0120

A $\beta$ 1-40 and A $\beta$ 1-42 = soluble A $\beta$  peptides levels (pmol/ g wet tissue)

*DeKosky et al., 2007*

# TBI studies in adult rats: APP increases acutely after CCI injury

- *Accumulation of APP as early as 24 hrs after CCI injury*



*Ciallella et al., J Neurotrauma 2002*

Hippocampus-ipsilateral

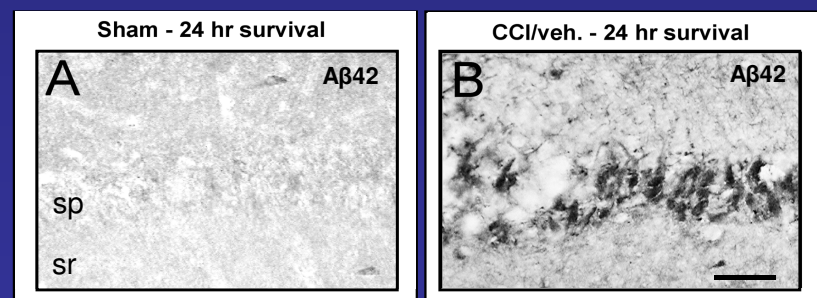
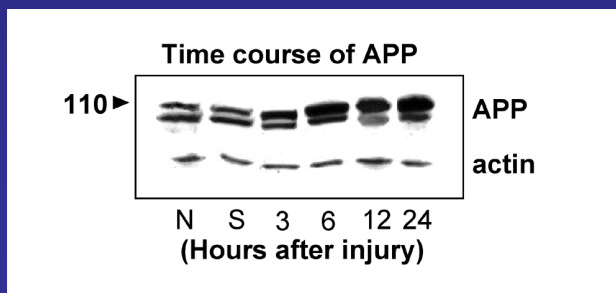
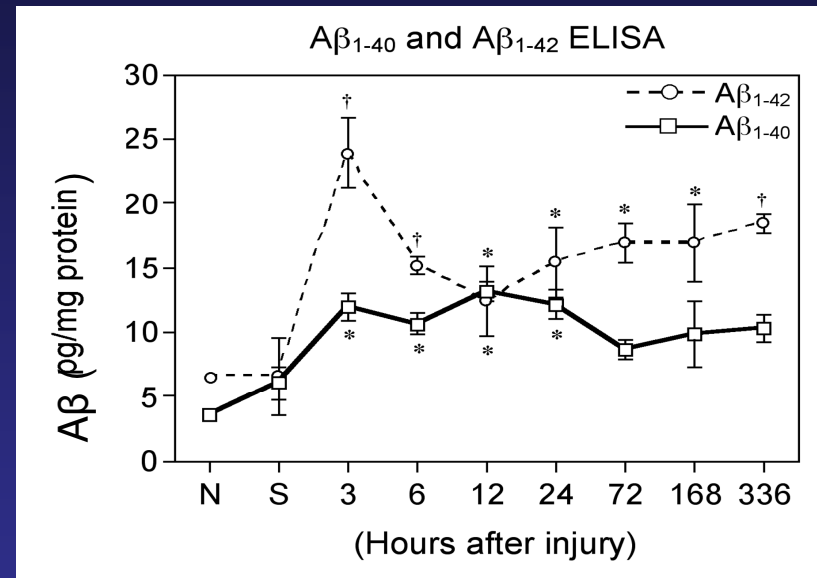
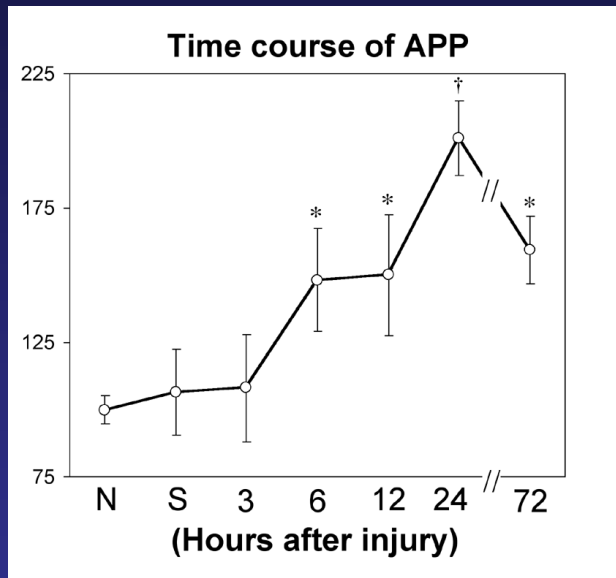


# Changes in APP and A $\beta$ levels in animal models of TBI

Species (strain)	Injury	Summary of findings	Ref.
Mouse (APP-YAC)	Controlled cortical impact	<ul style="list-style-type: none"> <li>No difference in neuronal loss, cognition or motor function following injury versus wild-type controls</li> <li>Decrease in total tissue levels of A<math>\beta_{40}</math> but not A<math>\beta_{42}</math> after injury</li> </ul>	64
Mouse (APP <sup>NLh/NLh</sup> )	Controlled cortical impact	<ul style="list-style-type: none"> <li>Suppression of injury-induced elevations in caspase-3 by administration of a pan-caspase inhibitor</li> <li>Both caspase-cleaved APP and A<math>\beta</math> were reduced in association with improved histological outcome</li> </ul>	68
Mouse (APP <sup>NLh/NLh</sup> )	Controlled cortical impact	<ul style="list-style-type: none"> <li>Administration of simvastatin 3 h after injury resulted in decreased hippocampal A<math>\beta</math> levels, decreased hippocampal tissue loss and preserved synaptic integrity</li> <li>Behavioural outcome also improved</li> </ul>	69
Mouse (BACE <sup>-/-</sup> )	Controlled cortical impact	<ul style="list-style-type: none"> <li>Improved histological, radiological, behavioural and motor outcomes following injury versus BACE<sup>+/+</sup> mice</li> <li>Administration of a <math>\gamma</math>-secretase inhibitor (DAPT) in non-transgenic mice also improved outcomes</li> </ul>	70
Mouse (PDAPP)	Controlled cortical impact at 4 months old	<ul style="list-style-type: none"> <li>Levels of A<math>\beta_{40}</math> and A<math>\beta_{42}</math> in tissues increased following injury, peaking at 2 h</li> <li>Associated with increased hippocampal neuronal death and memory impairment</li> <li>No A<math>\beta</math> plaques were observed up to 2 months after injury</li> </ul>	65
Mouse (PDAPP)	Controlled cortical impact at 4 months old	<ul style="list-style-type: none"> <li>Decrease in A<math>\beta</math> plaques at 5 and 8 months after injury versus uninjured PDAPP mice (who normally demonstrate abundant A<math>\beta</math> plaques at these time points)</li> </ul>	66
Mouse (PDAPP)	Controlled cortical impact at 2 years old	<ul style="list-style-type: none"> <li>Regression in A<math>\beta</math> plaque burden observed in the ipsilateral hippocampus of injured PDAPP mice 16 weeks after injury versus the contralateral hippocampus or uninjured PDAPP control mice</li> </ul>	67
Mice (PDAAP, expressing Apoe3 or Apoe4, or Apoe <sup>-/-</sup> )	Controlled cortical impact	<ul style="list-style-type: none"> <li>PDAAP mice expressing Apoe4 had increased A<math>\beta</math> deposition compared with those expressing Apoe3</li> <li>Both groups displayed deposition at an age at which it is not observed in uninjured controls</li> <li>Mice with Apoe4 demonstrated A<math>\beta</math> deposition that stained positive for thioflavin-S in the molecular layer of the dentate gyrus</li> </ul>	155
Rat (Sprague Dawley)	Weight drop (open skull)	<ul style="list-style-type: none"> <li>Extensive APP accumulation in damaged axons (1, 3 and 21 days following injury), and later in cortical neuropil</li> <li>No accumulating A<math>\beta</math> observed intracellularly or in plaques</li> </ul>	62
Rat (Sprague Dawley)	Lateral fluid percussion	<ul style="list-style-type: none"> <li>APP accumulation in damaged axons up to 2 weeks following injury</li> <li>No A<math>\beta</math> observed at any time point intracellularly or in plaques</li> </ul>	63
Rat (Sprague Dawley)	Weight drop (closed skull)	<ul style="list-style-type: none"> <li>Axonal accumulation of APP observed from 6 h to 10 days following trauma</li> <li>A<math>\beta</math> identified in damaged axons 12 h after injury</li> <li>Although APP and A<math>\beta</math> were persistently found in axons for up to 10 days after injury, immunoreactivity reduced over time</li> <li>No plaques observed at any time</li> </ul>	73
Rat (Sprague Dawley)	Lateral fluid percussion	<ul style="list-style-type: none"> <li>Low levels of A<math>\beta</math> accumulated in axons, emerging at around 2 weeks after injury</li> <li>More profound immunoreactivity demonstrated at 1 month and persisted up to 1 year</li> <li>Extent of A<math>\beta</math> production was dependent on the maturity of the injury, but was uncoupled from the gene expression of APP</li> </ul>	74
Swine	Rotational acceleration (model of DAI)	<ul style="list-style-type: none"> <li>Accumulation of intra-axonal APP and A<math>\beta</math> observed 3–10 days following injury</li> <li>Sparse, diffuse A<math>\beta</math> plaques observed in the grey and white matter over the same time course</li> <li>First animal model to replicate human A<math>\beta</math> plaque pathology observed after traumatic brain injury</li> </ul>	18
Swine	Rotational acceleration (model of DAI)	<ul style="list-style-type: none"> <li>A<math>\beta</math> observed in axons, co-accumulating with APP, BACE and presenilin-1</li> <li>This was observed acutely (3 days and persisted up to 6 months after injury)</li> <li>Sparse A<math>\beta</math> plaques were observed both acutely and at 6 months following injury, but did not increase in number over this time</li> </ul>	75

# APP<sup>NLh/NLh</sup> mouse model of brain amyloidosis: TBI-driven increases in both APP and A $\beta$ levels

- APP<sup>NLh/NLh</sup> mice are "humanized A $\beta$ " animals - human A $\beta$  knocked-in to their endogenous APP gene



Abrahamson et al., *Exp Neurol* 2006;197:437-450.

- Increased human A $\beta$  peptide concentration after CCI
- Intraneuronal A $\beta$ 42 accumulation



**Table. Preclinical Studies of the Efficacy of Lipid-Lowering Agents (LLAs) for the Treatment and Prevention of Alzheimer Disease and Dementia**

Source	Model System	LLAs Used	Outcome Measures	Effective?	Blood-Brain Barrier Permeable?
Buxbaum et al, <sup>31</sup> 2001	Cultured cells or tissue	Lovastatin	Levels of secreted A $\beta$	Yes	Yes
Chauhan et al, <sup>32</sup> 2004	Transgenic mouse	Lovastatin, pravastatin sodium	Levels of A $\beta$ and APPs $\alpha$ in brain	Yes	Yes for lovastatin; no for pravastatin sodium
Fassbender et al, <sup>33</sup> 2001	Cultured cells or tissue, guinea pig	Lovastatin (in vitro only), simvastatin (in vitro and in vivo)	Levels of extracellular and intracellular A $\beta$ (in vitro), levels of A $\beta$ in CSF and brain homogenate (in vivo)	Yes	Yes
Kojro et al, <sup>22</sup> 2001	Cultured cells or tissue	Lovastatin	Levels of APPs $\alpha$ and A $\beta$	Yes	Yes
Li et al, <sup>34</sup> 2006	Transgenic mouse	Simvastatin	Learning and memory as assessed by Morris water maze test results, brain A $\beta$ levels	Yes, no for brain A $\beta$ levels	Yes
Paris et al, <sup>35</sup> 2002	Cultured cells or tissue	Mevinolin, mevastatin	Rescuing A $\beta$ stimulation of proinflammatory molecules (mevinolin), LDH release (mevastatin)	Yes	Yes, unknown for LDH release (mevastatin)
Simons et al, <sup>24</sup> 1998	Cultured cells or tissue	Lovastatin	Levels of full-length APP, APPs $\alpha$ , A $\beta$	Yes for A $\beta$ only	Yes

Abbreviations: A $\beta$ , amyloid  $\beta$ -protein; APP, amyloid precursor protein; APPs $\alpha$ ,  $\alpha$ -cleavage product of APP; CSF, cerebrospinal fluid; LDH, lactate dehydrogenase.

# Statins as therapeutics in animal models of brain injury

**Table 1.** *Animal Models Testing Statins in Traumatic Brain Injury*

Reference (Date)	Type of Injury	Animal	Histologic Outcomes	Functional Outcomes
Lu et al. <sup>11</sup> (2004)	CCI	Rat	Increased perilesional and hippocampal neuron survival, increased neuronal synapses, increased angiogenesis	Improved motor function at days 4–14
Lu et al. <sup>12</sup> (2004)	CCI	Rat	Increased rate of hematoma resorption	NT
Lu et al. <sup>40</sup> (2004)	CCI	Rat	Decreased vessel thrombosis	NT
Lu et al. <sup>41</sup> (2004)	CCI	Rat	Decreased intravascular thrombosis	Improved spatial memory
Qu et al. <sup>43</sup> (2005)	CCI	Female rat	Increased hippocampal and perilesional neuron survival; increased neuronal process survival in hippocampus only; increased vessel density	Improved spatial memory at day 15, no change in sensorimotor function
Lu et al. <sup>44</sup> (2007)	CCI	Rat	Increased hippocampal neuron survival; increased neurogenesis; increased angiogenesis	Improved spatial learning at days 31–35
Wang et al. <sup>10</sup> (2007)	CHI	Mouse	Decreased glial activation; decreased TNF $\alpha$ and IL-6; no change in eNOS	Improved motor function at day 5, improved spatial learning at day 24
Chen et al. <sup>19</sup> (2008)	CCI	Rat	Decreased cerebral edema	Improved motor function at day 1, but not at days 3–7
Mahmood et al. <sup>59</sup> (2008)	CCI	Rat	Increased cellular proliferation	Improved motor function at days 7–90
Wu et al. <sup>45</sup> (2008)	CCI	Rat	Decreased apoptosis	Improved motor function at days 7–35
Wu et al. <sup>46</sup> (2008)	CCI	Rat	Increased neurogenesis, increased BDNF and VEGF	Improved spatial learning at days 34–35
Chen et al. <sup>16</sup> (2009)	CCI	Rat	Decreased cerebral edema, decreased BBB permeability, decreased apoptosis	Improved motor function at day 1
Turkoglu et al. <sup>18</sup> (2009)	CCI	Rat	Decreased cerebral edema, lipid peroxidation, and degeneration of myelinated axons	NT

# Statin therapy after TBI in mice expressing human A $\beta$

## ***APP<sup>NLh/NLh</sup> mice*** (“humanized A $\beta$ ” mice)

- human A $\beta$  knocked-in to their endogenous APP gene
- normal levels of APP expression

## ***Controlled Cortical Impact (CCI) injury:***

- vertically directed CCI (stereotaxic coordinates of center of impactor tip relative to bregma: anteroposterior = -2.0; mediolateral = +1)
- pneumatic cylinder with a 3mm flat-tip impounder (velocity 5.82m/sec; duration 47 msec; depth 1.2mm; driving pressure 73 psi)

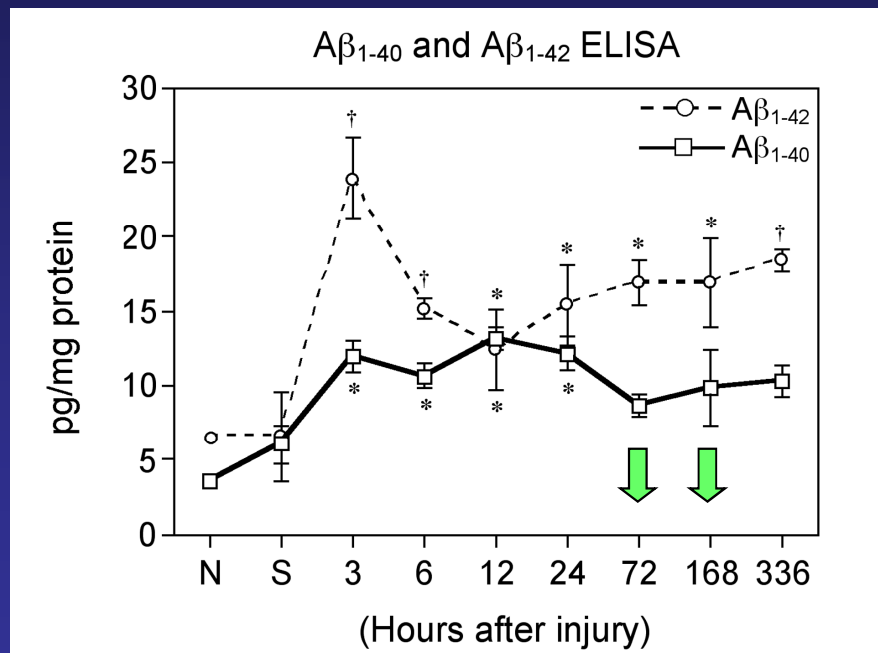
## ***Drug treatment:***

- simvastatin (3mg/kg) or vehicle (3% methylcellulose) was administered daily per os, starting 3 hours after injury

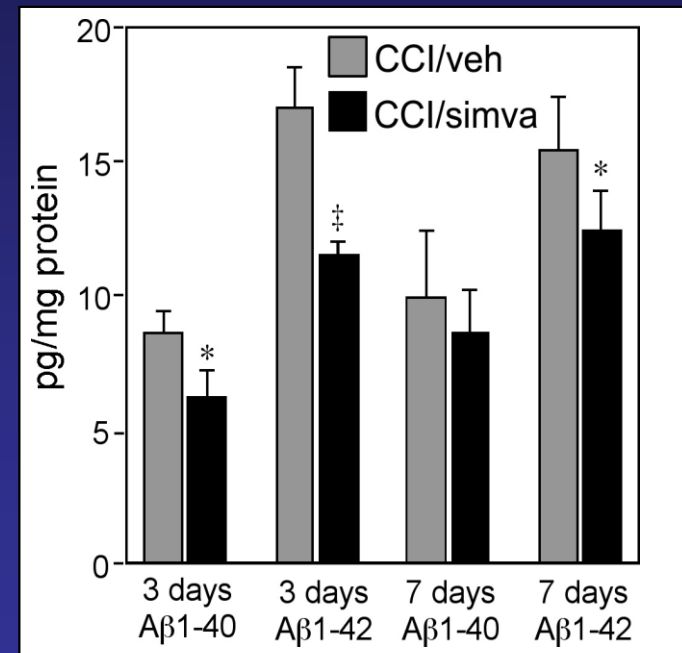
# Simvastatin treatment reduces A $\beta$ concentration after CCI injury in hA $\beta$ mice

Biochemical analysis (ELISA for A $\beta$ 40 and A $\beta$ 42) shows reduced A $\beta$  levels after CCI and simvastatin therapy

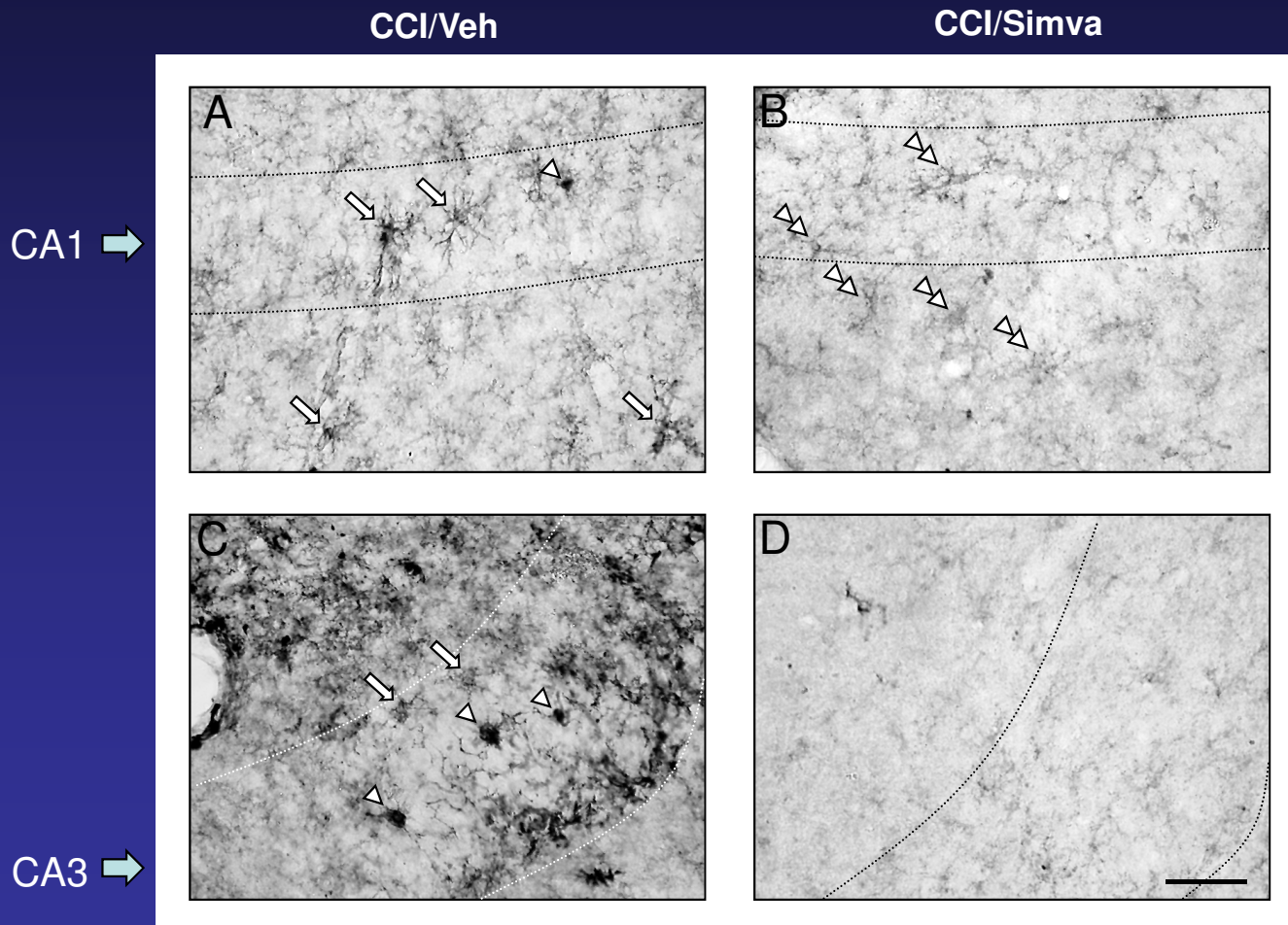
**A**



**B**

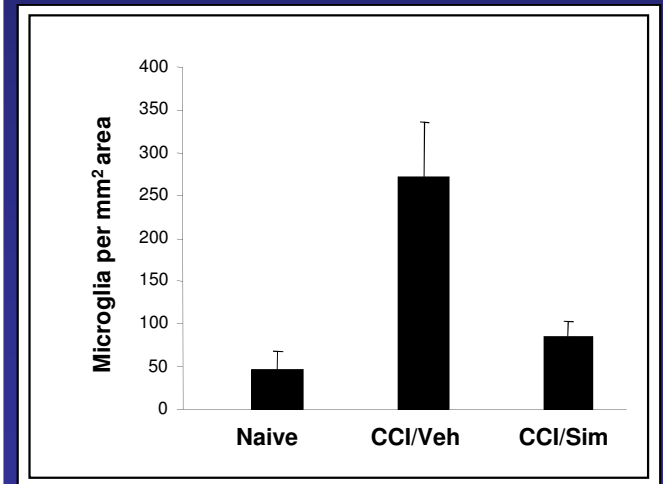


# Simvastatin treatment reduces microglia activation in the hippocampus 2 weeks after CCI injury in hA $\beta$ mice



- IHC for F4/80 antigen
- 150kD membrane glycoprotein
- specific for mature macrophages

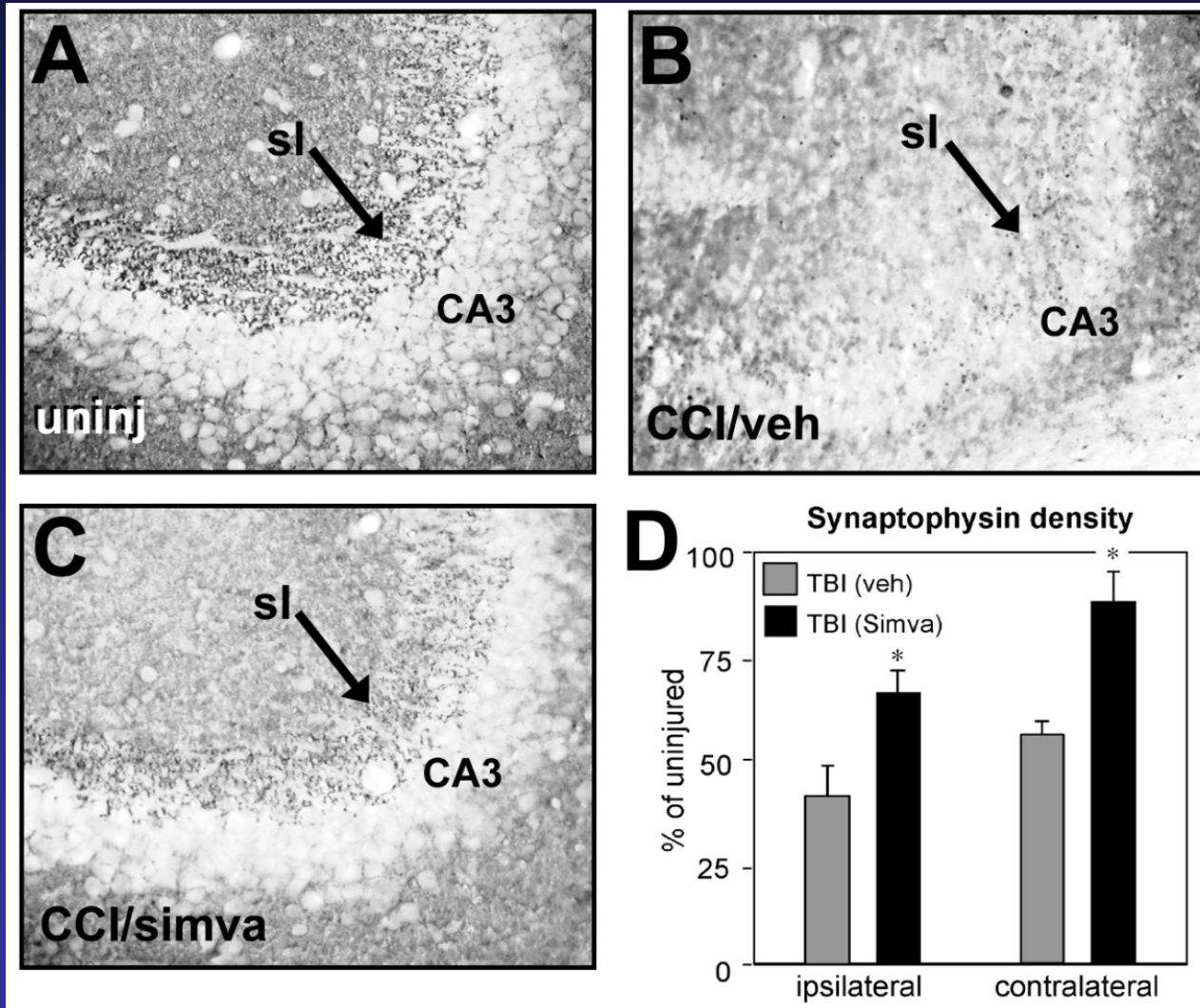
Austyn and Gordon (1981) Eur J Immuno 11, 805



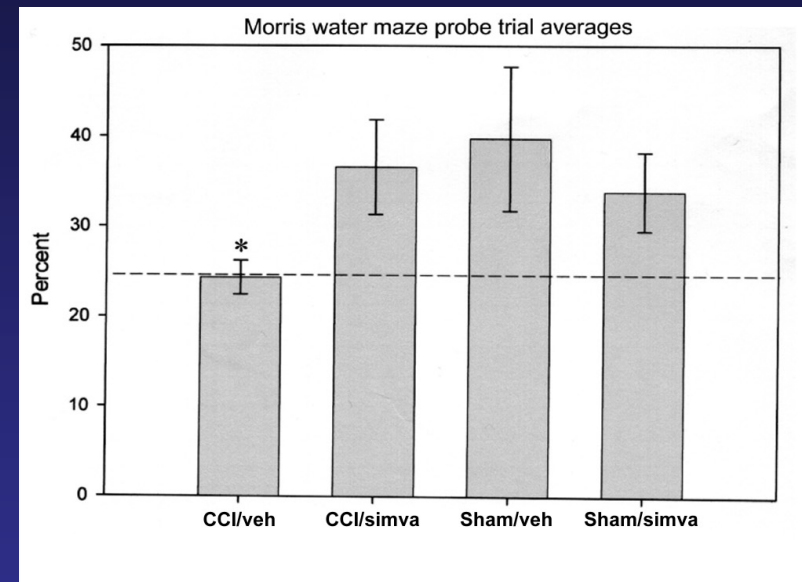
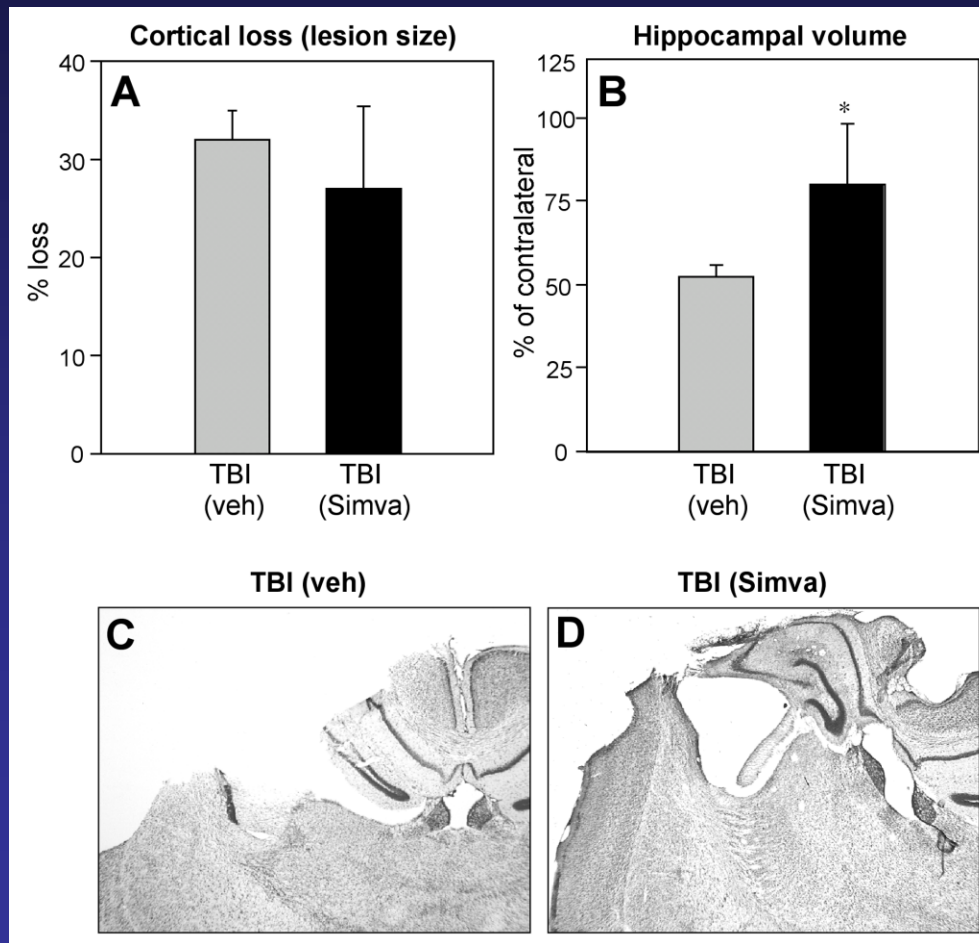


# Simvastatin treatment reduces synaptic loss in the hippocampus 2 weeks after CCI injury in hA $\beta$ mice

## Synaptophysin immunoreactivity



# Simvastatin treatment reduces neuronal loss and improves memory retention 2 weeks after CCI injury in hA $\beta$ mice



*Abrahamson et al., Ann Neurol. 2009;66:407-414.*

# Conclusion

- Preclinical studies demonstrate benefits of statins in models of cerebral ischemia, intracerebral hemorrhage, subarachnoid hemorrhage, and TBI
- Because statin therapy is well tolerated and its side effects are well defined, it can be translated into clinical trials in TBI patients
- None of the current therapy interventions effective in restoring lost neurological function after TBI
- When administered after TBI, statins target multiple injury factors and have multiple effects on improving neurological outcome



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